

Lead Instructors:

Yul, WA5YUL Gerry, N2GJ Ed, KC2LM





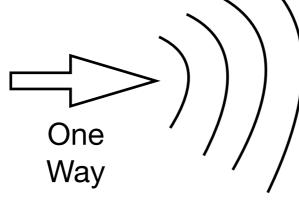
Requirement: #1 (a & b)

1. Explain what radio is. Then discuss the following:

- (a) The differences between broadcast radio and hobby radio
- (b) The differences between broadcasting and two-way communications

Broadcast Radio Station, 50,000 watts

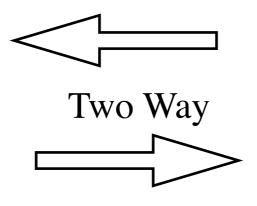












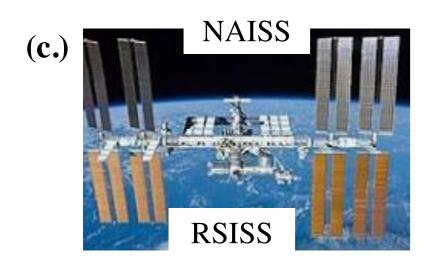




Requirement: #1 (c & d))

1. Explain what radio is. Then discuss the following:

- (c) Radio station call signs and how they are used in broadcast radio and amateur radio
- (d) The phonetic alphabet and how it is used to communicate clearly.





Each Ham Radio Operator has a Call Sign of their own. No one else in the World has the same Call Sign.





(d.)

,				
	A	ALPFA	N	NOVEMBER
	В	BRAVO	0	OSCAR
	C	CHARLIE	P	PAPA
	D	DELTA	Q	QUEBEC
	E	ECHO	R	ROMEO
	F	FOXTROT	S	SIERRA
	G	GOLF	T	TANGO
	Н	HOTEL	U	UNIFORM
	I	AIGNI	V	VICTOR
	J	JULIETT	W	WHISKEY
	K	KILO	X	X-RAY
	L.	LIMA	Y	YANKEE
	M	MIKE	Z	ZULU

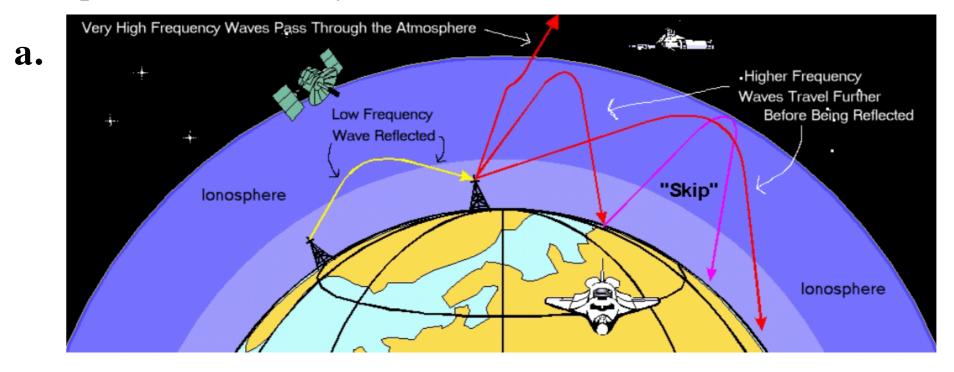
The *Phonetic Alphabet* is used in communications to more clearly identify the intended meaning.



Requirement: #2 (a & b)

2. Do the following:

- (a) Sketch a diagram showing how radio waves travel locally and around the world.
- (b) Explain how the radio stations WWV and WWVH can be used to help determine what you can expect to hear when you listen to a shortwave radio.



b. Since November 15, 2021, WWV and WWVH has been broadcasting a test signal on minute 8 of each hour on WWV, and minute 48 on WWVH. This signal has been created **to assist in ionospheric research**, and is a joint effort of the Ham Radio Citizen Science Investigation (HamSCI)



Requirement: #2 (c & d)

- (c) Explain the difference between a distant (DX) and a local station.
- (d) Discuss what the Federal Communications Commission (FCC) does and
- how it is different from the International Telecommunication Union.

c. The term **DX** is an old telegraphic term meaning "long distance."

"Calling CQ DX de WA5YUL"

Yul is looking to contact a ham radio station OUTSIDE of the USA & Canada.

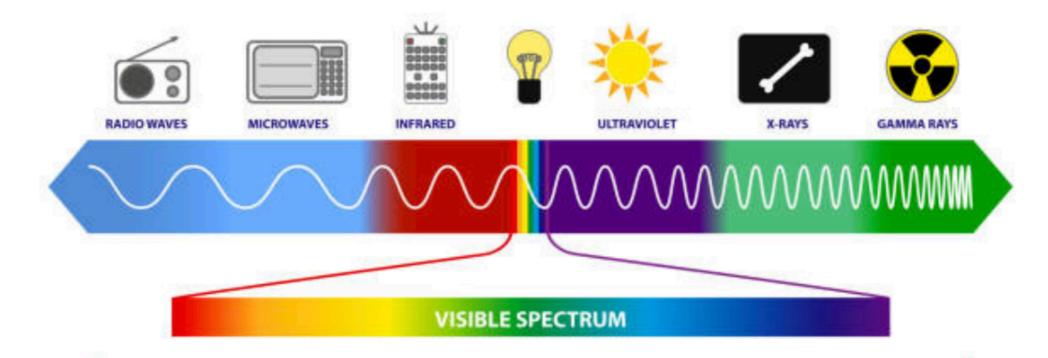
d. The Federal Communications Commission (FCC) is an independent Federal regulatory agency responsible directly to Congress is charged with regulating interstate and international communications by radio, television, wire, satellite, and cable. The ITU is an international organization of Amateur Radio associations that work to resolve issues related to ham radio.



Requirement: #3

Do the following:

- (a) Draw a chart of the electromagnetic spectrum covering 300 kilohertz (kHz) to 3,000 Megahertz (MHz).
- (b) Label the MF, HF, VHF, UHF, and microwave portions of the spectrum on your diagram.
- (c) Locate on your chart at least eight radio services, such as AM and FM commercial broadcast, citizens band (CB), television, amateur radio (at least four amateur radio bands), and public service (police and fire).



US Amateur Radio Bands

time is permitted on any channel.

US AMATEUR POWER LIMITS — FCC 97.313 An amateur station must use the minimum transmitter power necessary to carry out the desired communications. (b) No station may transmit with a transmitter power exceeding 1.5 kW PEP.

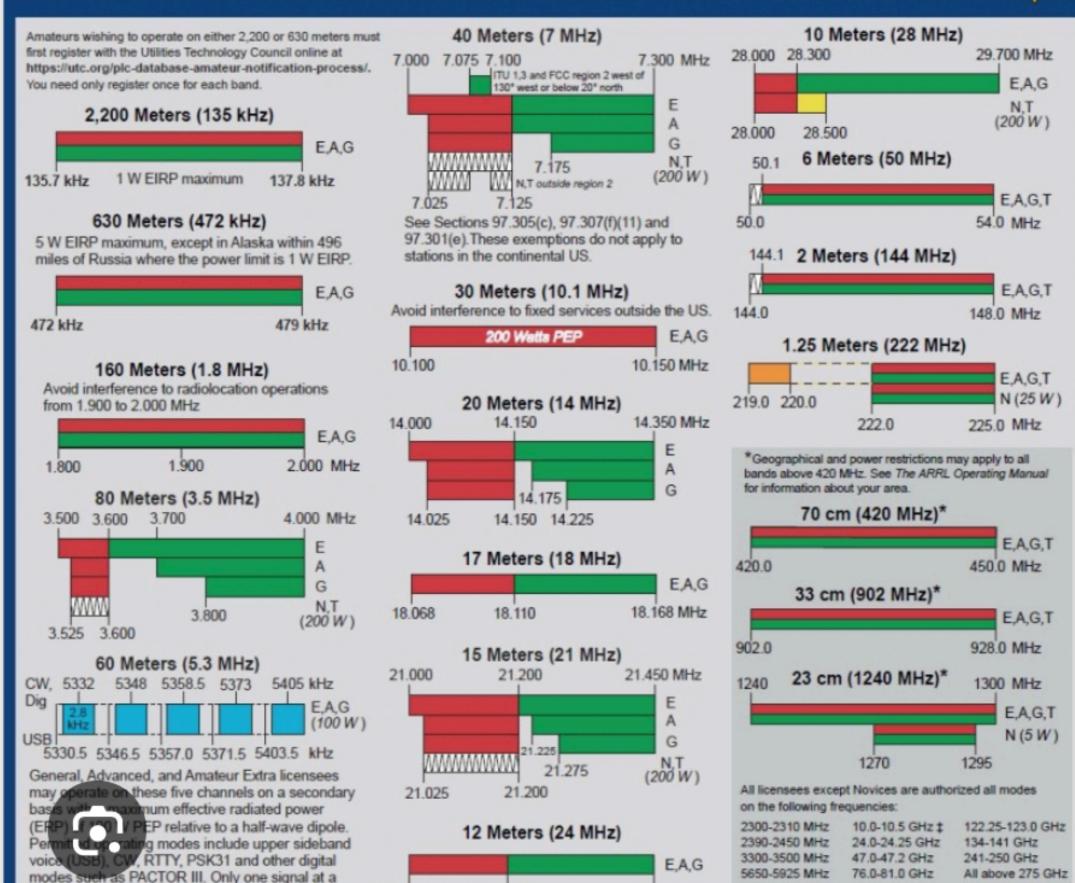
24.890

24.930

24,990 MHz

‡ No pulse emissions







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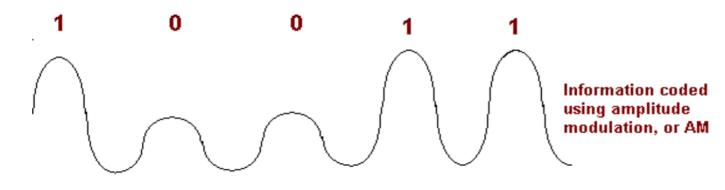
Exams: 860-594-0300 email: vec@arrl.org

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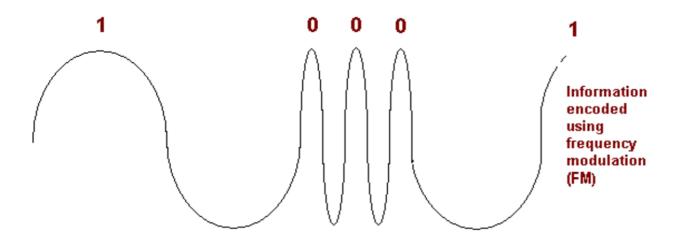


Requirement: #4

Explain how radio waves carry information. Include in your explanation: transceiver, transmitter, receiver, amplifier, and antenna.



A.M. stands for amplitude modulation. In this method, the information is put into a radio wave by varying the amplitude.



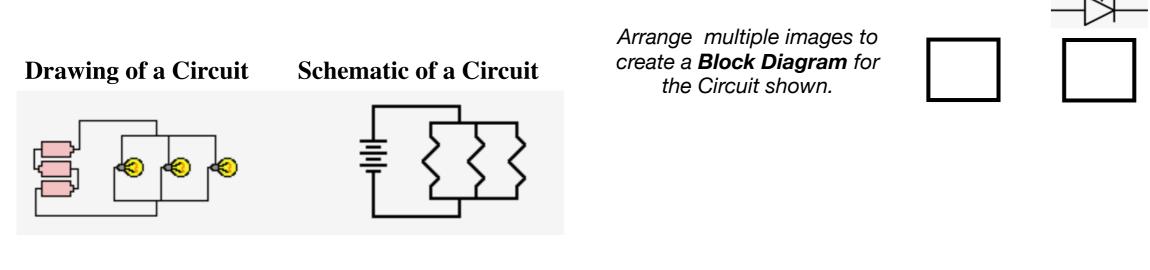
F.M. stands for frequency modulation. This time the amplitude is kept constant, it is the frequency that is varied..

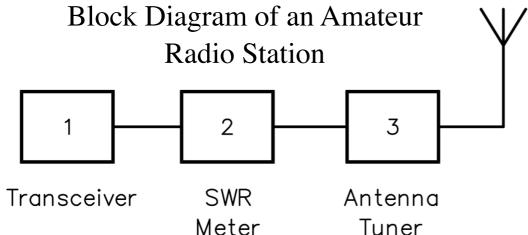


Requirement: #5 (a & b)

Do the following:

- (a) Explain the differences between a **block diagram** and a **schematic diagram**.
- (b) Draw a block diagram for a radio station that includes a transceiver, amplifier, microphone, antenna, and feed line.





Where would you put an **amplifier**?

Where would you put a **microphone**?

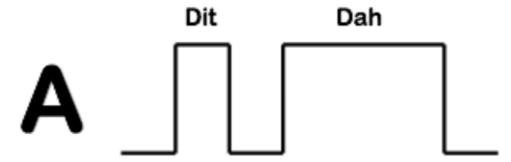


Requirement: #5

Do the following:

• (c) Discuss how information is sent (CW) Morse Code transmission, single sideband (SSB) transmission, and digital transmission.







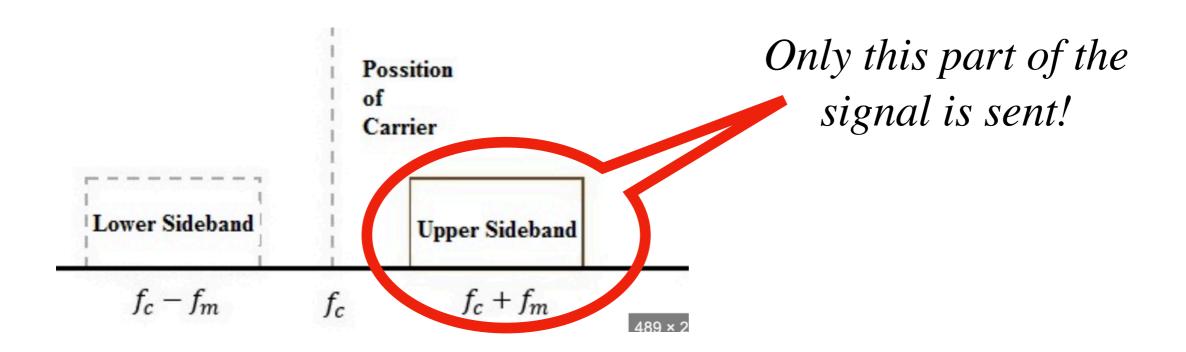


Requirement: #5

Do the following:

• (c) Discuss how information is sent, using single sideband (SSB) transmission

Single Sideband modulation eliminates the need to transmit the carrier signal, resulting in energy savings.



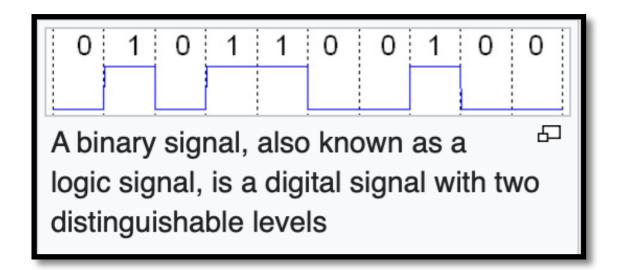


Requirement: #5

Do the following:

• (c) Discuss how information is sent during digital transmissions

Digital signals are a type of data transmission that convert information into *binary code*, *a series of 1s and 0s*. This binary code is then transmitted as an electromagnetic wave over various media such as wires, fibre optic cables, or wireless signals.



Advantages of Digital Transmissions

- 1. Fewer errors than analog transmissions
- 2. Higher transmission rates
- 3. More secure
- 4. Integrating voice, data and video on the same circuit is far simpler. (digital data are easter to combine)



Requirement: #5

• (d) Explain how NOAA Weather Radio (NWR) can alert you to danger.

(d) NOAA Weather Radio is a nationwide network of radio stations broadcasting continuous weather information. NWR broadcasts official Weather Service warnings, watches, forecasts and other hazard information 24 hours a day, 7 days a week.



Ham Radio's SKYWARN® (1970) is a volunteer program with between 350,000 and 400,000 trained severe weather spotters. These volunteers help keep their local communities safe by providing timely and accurate reports of severe weather to the National Weather Service.

SKYWARN® spotters, coupled with Doppler radar technology, improved satellite and other data, has enabled NWS to issue more timely and accurate warnings for tornadoes, severe thunderstorms and flash floods. SKYWARN® storm spotters form the nation's first line of defense against severe weather.





Requirement: #5

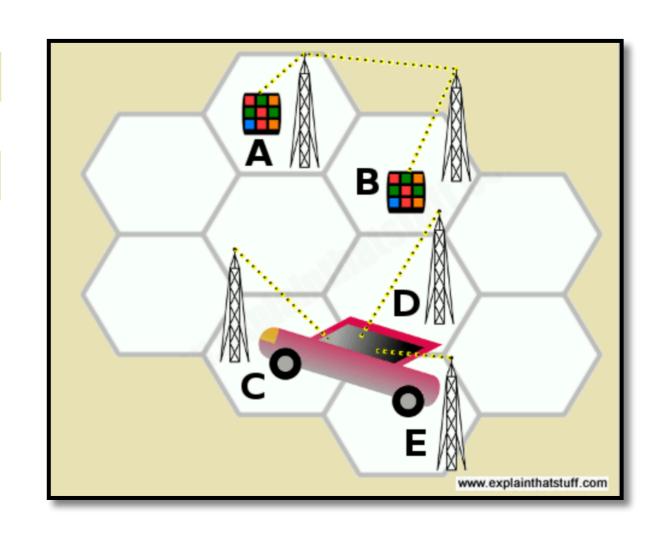
• (e) Explain how **cellular telephones** work. Identify their benefits and limitations in an emergency.

If a phone in cell A calls a phone in cell B, the call doesn't pass directly between the phones, but from the first phone to mast A and its base station, then to mast B and its base station, and then to the second phone.

• Identify their **benefits** and **limitations** in an emergency.

Benefits:







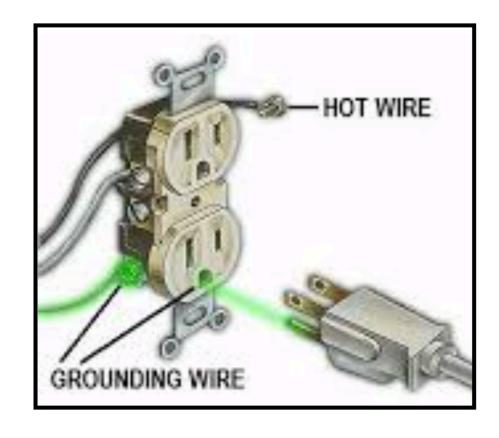
Requirement: #6

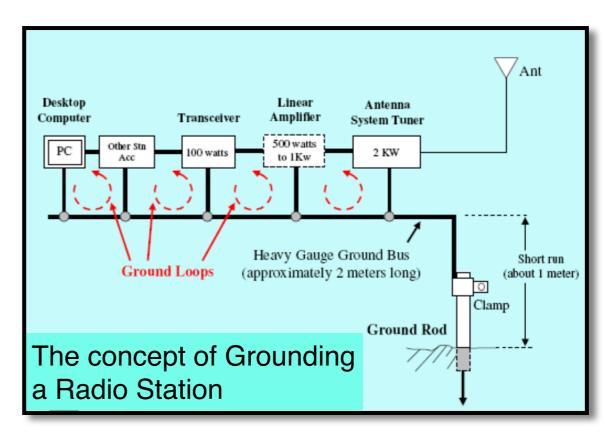
Explain the **safety precautions** for working with radio gear, including the concept of grounding for direct current circuits, power outlets, and antenna systems.

Radio Frequency (RF) Energy Exposure

The unit "volts per meter" (V/m) is used to express the strength of the electric field (electric "field strength"), and the unit "amperes per meter" (A/m) is used to express the strength of the magnetic field

Biological effects that result from heating of tissue by RF energy are often referred to as "thermal" effects.







Requirement: #7

Visit an amateur radio station. Discuss what types of equipment you saw in use, how it was used, what types of licenses are required to operate and maintain the equipment, and the purpose of the station.









Requirement: #8

8. Find out about three career opportunities in radio. *Pick one* and find out the **education**, **training**, & **experience required** for this profession.

Discuss this with the Scouts in the audience and explain why a radio related profession might interest them.

Gerry & Yul:

I think the best way for us to address this requirement is to:

- 1. Explain <u>briefly</u> how we got into ham radio and how it tied in with our professional lives.
- 2. Draw out from the Scouts other professions that they might be interested in pursuing and explore how Ham Radio could help.



Requirements: #9 (A) Amateur Radio

- (1) Tell why the FCC has an amateur radio service. Describe activities that amateur radio operators can do on the air, once they have earned an amateur radio license.
- (2) Explain differences between the Technician, General, and Extra Class license requirements and privileges. Explain who administers amateur radio exams.
- (3) Explain at least five Q signals or amateur radio terms.
- (4) Explain how you would make an emergency call on voice or Morse code.
- (5) Explain the differences between handheld transceivers and home "base" transceivers. Explain the uses of mobile amateur radio transceivers and ama- teur radio repeaters.
- (6) Using proper call signs, Q signals, and abbreviations, carry on a 10-minute real or simulated amateur radio contact using voice, Morse code, or digital mode. (Licensed amateur radio operators may substitute five QSL cards as evidence of contacts with five amateur radio operators.) Properly log the real or simulated ham radio contact, and record the signal report.

• (1) Tell why the FCC has an amateur radio service.

The amateur and amateur-satellite services are for qualified persons of any age who are interested in radio technique solely with a personal aim and without pecuniary interest. These services present an opportunity for:

Education: self-training, intercommunication, and technical investigations.

Provide communication in times of emergency & Public Service

• Describe activities that amateur radio operators can do on the air, once they have earned an amateur radio license.

Send & Receive Digital
Messages World-Wide.
Especially Useful
During Emergencies.
NO Internet

Operate portable and participate in "Summits on the Air" and "Parks on the Air" Activities.

Communicate Using Voice, Morse Code, Teletype, Feld Hell, World-Wide

Receive Slow Scan TV
Images Transmitted from
the International Space
Station









• (2) Explain differences between the Technician, General, and Extra Class license requirements and privileges. Explain who administers amateur radio exams.

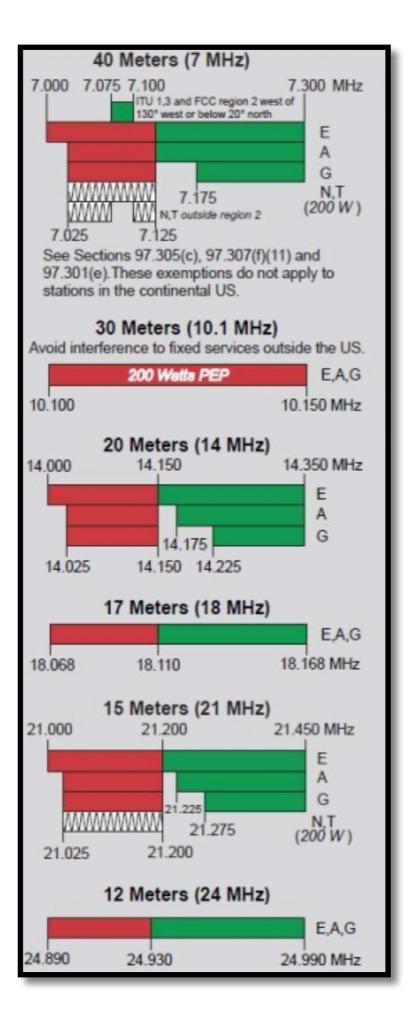
Technician Class license is an entry level into Amateur Radio. It offers and operating privileges in different segments of the radio. spectrum.

General Class license provides an upgrade in frequency and operating opportunities

Extra Class license provides ALL frequency, mode, power and operating privileges.

A partial list of operating modes and frequencies is clearly identified graphically on the chart.

All category of Amateur Radio Tests are administered locally by VEs, local Volunteer Examiners Certified to do so! Visit the High Desert Amateur Radio Club's web site for details. https://www.nm5hd.org



(3) Explain at least five Q signals or amateur radio terms.

Q-signals are a system of radio shorthand as old as wireless.

Q-signals are a set of abbreviations for common information that save time and allow communication between operators who don't speak a common language.

QRS = Send more slowly. Commonly used during morse code training nets. It is really the spacing between the letters that is spread out. The speed the letters are sent remains the same.

QRT = Sent to indicate to others that you are about to close your station.

QTH = My station is located at: <u>name of the city</u>. <u>State</u>

QSB = Your signal is fading. OR Are my signals fading?

QSL = Sent to indicate to the other station that you are acknowledging receipt of the contact.

73 = Sent with voice, digital or Morse Code transmissions at the end of a contact. "Best Regards"......

CQ = Sent with voice, digital or Morse Code at the beginning of a transmission asking to contact any other station.

(4) Explain how you would make an emergency call on voice or Morse code.

In an emergency, dial 911 from your phone immediately.

An emergency is any situation that requires immediate assistance from the police, fire department or ambulance.

When you call 911, be prepared to answer the call-taker's questions, which may include: The location of the emergency, including the street address.

Ham Radio National Calling Frequency: 146.520 MHz

- Turn up your radio's output power to maximum.
- Begin your transmission by saying "Priority" or "Emergency" followed by your call sign.

 A strong signal can get the attention of listening stations. Don't shy away from interrupting an ongoing conversation.
- After you have control of the repeater or the frequency is clear, state that you have an emergency to report.
- Use the NM Mega Link Map to select frequencies most likely to reach help.

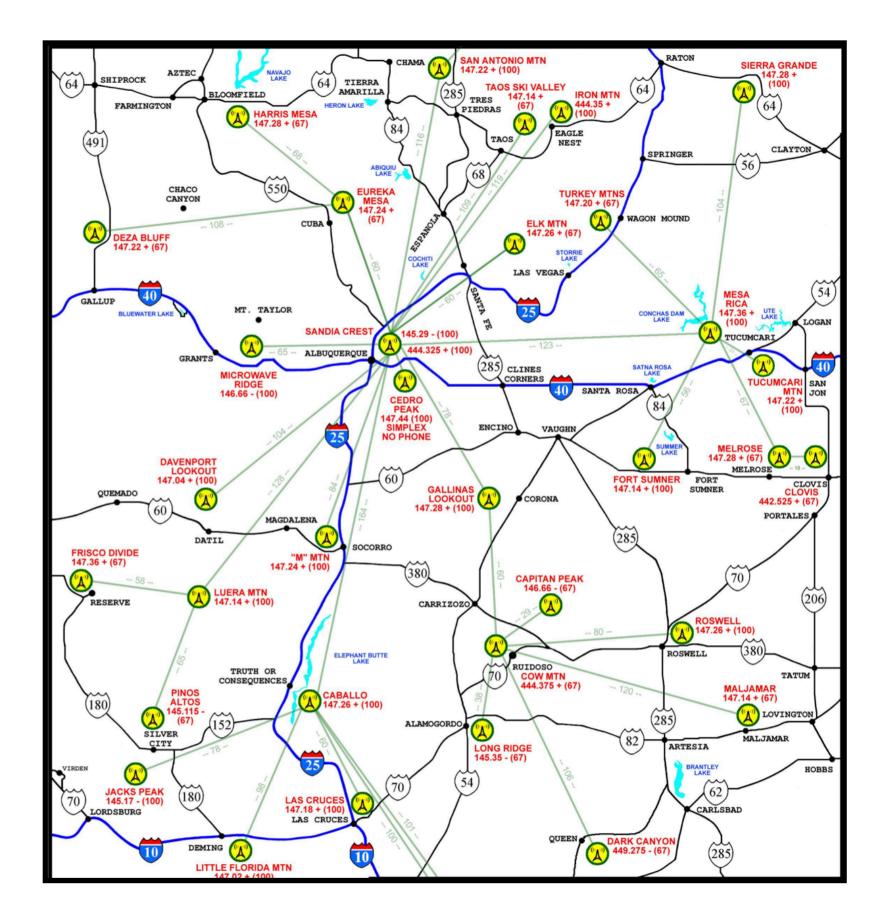
Voice: "Break Break Emergency Emergency". OR "Mayday Mayday" this is: *State Your Call Sign*". OR "Priority Priority, this is: *State Your Call Sign*"

Morse Code: An S O S sent by morse code is a well-known distress signal. It is three short taps followed by three long taps, and then three short taps again.

The NM Mega-Link

The Mega-Link repeater network of more than 30 repeaters cover a major portion of the State of New Mexico as well as portions of six surrounding states.

Consider seriously programming your VHF & UHF Radios to the Mega-Link Frequencies in order to reach out for help in areas without cell phone service.



https://www.radioreference.com/db/aid/7812

Find Out About their Situation

Lost - Sick - Injured - Stuck

- Lost Where was the last place you knew where you were?
 - Know Roads, Landmarks, Distances
- Sick: Signs & Symptoms,
 - How Long? Pain & How severe (1-10), Medical Hx?, Meds?, Dr.?
- Injured: Mechanics of Injury. How did you get hurt?
 - Level of Consciousness? x3, for how long?
 - Nature of Injury Type of Wound, Severity, Bleeding (location)
- Stuck: Vehicle Type, Color, Description of Conditions, Vehicle Damage, Drivable
 - Is the vehicle currently stable or at risk?
 - What do you think has to be done to get you out?



Are You Prepared: Shelter? Water? Food? Heater? Fuel in vehicle? Sleeping Bag? Warm Dry Clothing, Extras?

(5)a. Explain the differences between handheld transceivers and home "base" transceivers. Explain the uses of mobile amateur radio transceivers and amateur radio repeaters.

Hand-Held VHF/UHF



Low Power
FM Only
Local Contacts
Uses Repeaters
Low Cost, < \$50

Mobile HF & 6 Meters



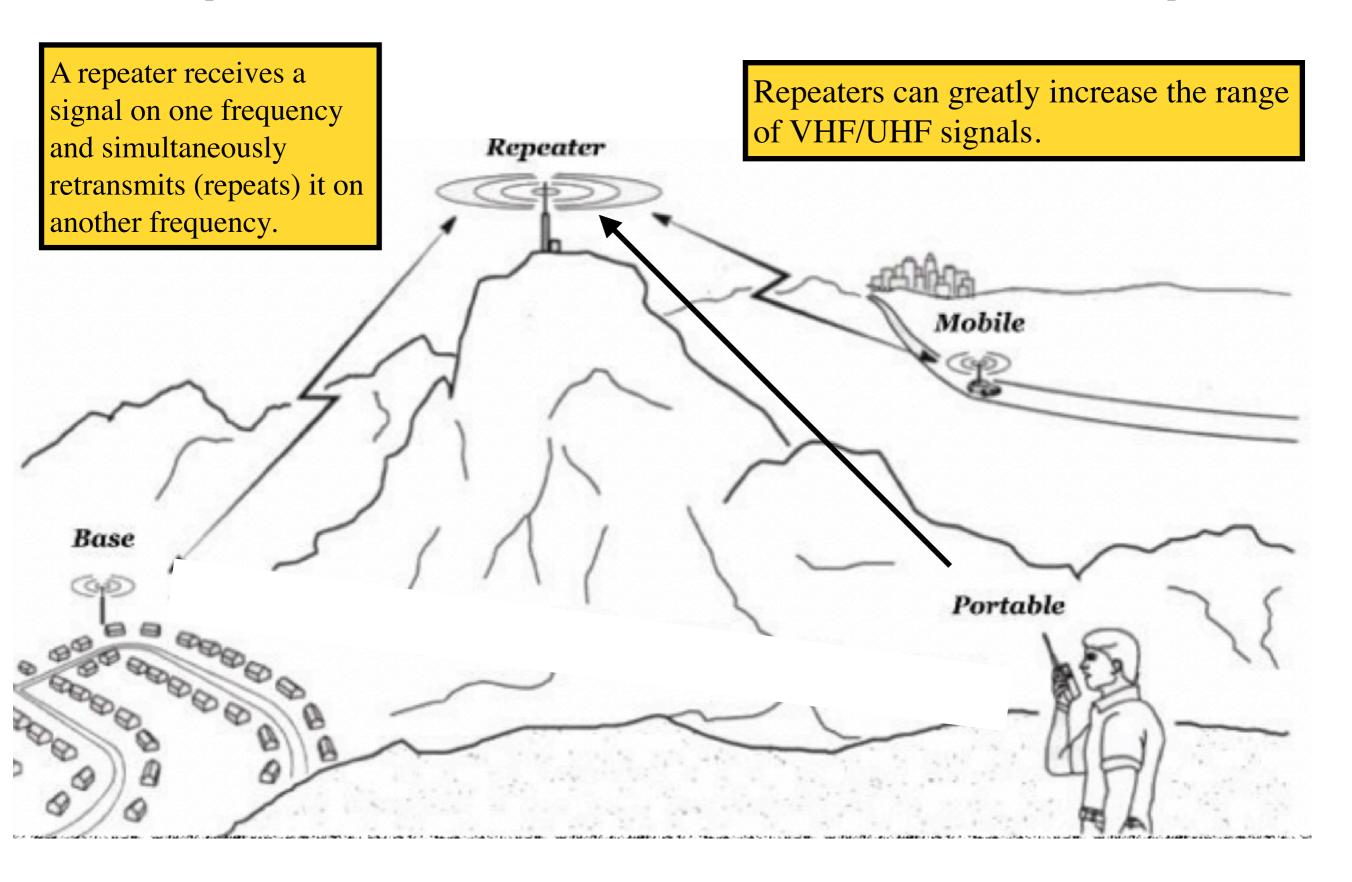
Power: 100 Watts
Modes: CW, Voice, FM
Digital Modes w/Sound Card
Requires 12 Volts
Excellent for Portable Outdoor
Operations & EmComm

Base Station



Superior Quality of Design & Construction
Additional Features
Very Expensive \$3,600
Dual receivers
Color Scope Display
Large Antennas mounted outside the home increase the station's ability to communicate.

(5)b. Explain the uses of mobile amateur radio transceivers and amateur radio repeaters.

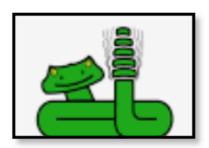


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Properly log the real or simulated ham radio contact, and **record the signal report.**

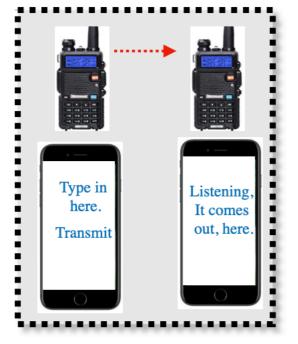
Use Rattlegram for a Digital Text Messaging Contact.

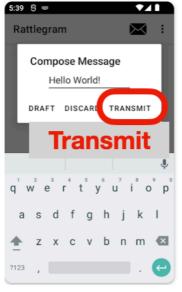
Rattlegram uses your cell phone simply as a *terminal* for sending & receiving text messages using the audio tones it generates.

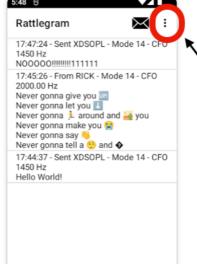


Download & Install Rattlegram from Google: Rattlegram for Android.
 Open Rattlegram. (Adjust Audio Levels, IF need be)
 Allow Access to the Cell Phone's Microphone (see Menu)

 Type in a short Message, or just a Ping (Bell Icon)
 Use data frequencies over VHF, UHF, HF & (FRS, & GMRS)
 Click on Transmit. Leave Open to Receive.







Menu

Audio Source - Microphone

Danger Zone - Delete Messages
- Force Quit

Parrot Mode - Sends message back

Your Text Messages are *NOT* Private!!

(6) Using proper call signs, Q signals, and abbreviations, carry on a 10-minute real or simulated amateur radio contact using voice, Morse code, **or digital mode.** (Licensed amateur radio operators may substitute five QSL cards as evidence of contacts with five amateur radio operators.) *Properly log the real or simulated ham radio contact, and record the signal report.*

Use Baofeng Hts for a Voice Contact (QSO).

Work with an assigned Ham radio operator for this activity.

Announce that you are on the air. "K5ABC, Kilo Five Alpa Bravo Charlie, Listening"

Kilo Five Alpha, Bravo Charlie....... Whiskey Five XRay, Yankee, Zulu, Over

W5XYZ, good morning! You have a strong signal, reading you five by nine. Name is Tony, Over.

Hello Tony, how nice to meet you. Name is Fred, and am operating from my home in Lincoln, Nebraska. My rig is a Icom 7300 running 100 watts into a vertical antenna. *Over*.

Since you identified your call sign at the beginning of the contact and have to do it every 10 minutes and at the end of the QSO (contact) you can go back and forth about the weather, ham radio activity in your area, interesting contacts you have had with other hams, and band conditions. Almost anything is fair game. Content about religion or politics is generally considered poor operating etiquette.

End the Contact: 73 Fred, this is Kilo Five Alpa Bravo Charlie, OUT!